






QUICK REFERENCE GUIDE

AZO®

Boric Acid



Product Name & Description	AZO® Boric Acid Vaginal Suppositories
Indications	For occasional use to help support odor control and promote balance by maintaining a normal, acidic pH
Active Ingredient	Boric Acid
Clinical Trials	600mg of boric acid when used vaginally for 7 or 14 days compared to antifungals showed a similarly effective cure rate in vaginal infections like <i>Candidiasis</i> . ¹⁻³
Mechanism of Action	Boric acid works as a bacteriostatic and fungistatic agent that disrupts <i>Candida</i> and other pathogens and acidifies the vaginal pH. ⁴
Dosage and Administration	600mg boric acid per suppository. Insert one (1) suppository vaginally daily. Can be used twice daily if needed.
Where to Buy	    

1 Van Slyke, et al. (1981). "Treatment of vulvovaginal candidiasis with boric acid powder." Am J Obstet Gynecol 141(2): 145-148.

2 Khameneie, et al. (2013). "Fluconazole and Boric Acid for Treatment of Vaginal Candidiasis – New Words About Old Issue." East Afr Med J 90(4): 117-123.

3 Ray, et al. (2007). "Prevalence of *Candida glabrata* and its response to boric acid vaginal suppositories in comparison with oral fluconazole in patients with diabetes and vulvovaginal candidiasis." Diabetes Care 30(2): 312-317.

4 Prutting et al. (1998). Boric acid vaginal suppositories: a brief review. Infect Dis Obstet Gynecol. 6(4):191-4.

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